



## CLIMBER CHECKLIST

- \_\_\_ IF NOT USING THE SCORING APP, **PRINT OUT TWO (2) COPIES OF THE SCORECARD YOU WILL USE. SCORECARDS CAN BE FOUND AT HORSESHOEHELLAPP.COM**
- \_\_\_ Rock shoes, rope, draws, chalk, helmet, a rack, tape
- \_\_\_ For those planning on climbing trad routes, bring biners to leave at top anchors
- \_\_\_ Two extra biners (oval) just in case a route you do does not have them at the top
- \_\_\_ Phone charger for extra juice, if using horseshoehellapp for scoring
- \_\_\_ First aid kit
- \_\_\_ Ibuprofen
- \_\_\_ Bug Spray
- \_\_\_ Headlamp/Lantern
- \_\_\_ Extra Batteries
- \_\_\_ Lighter
- \_\_\_ Super glue (for your digits)
- \_\_\_ Sunscreen
- \_\_\_ If you are not using the scoring app, an ink pen for scorecard, and clipboard
- \_\_\_ A wrist watch for your harness
- \_\_\_ Sleeping bag/tent/Thermarest
- \_\_\_ Folding Chair/Blanket/Camp Chair – for awards ceremony and pasta dinner Sat night
- \_\_\_ Poop tube
- \_\_\_ Ear plugs for sound and restful sleep – VERY IMPORTANT
- \_\_\_ Rain jacket
- \_\_\_ Rubbing alcohol/rag (great for cleansing poison ivy exposed body parts)
- \_\_\_ Identification: drivers license, etc.
- \_\_\_ Cash for who knows what, but you might need it
- \_\_\_ Any easy to carry calorie packed snack (Nutella, peanut butter, nuts, trail mix, etc)
- \_\_\_ Caffeine/Energy drinks
- \_\_\_ A lot of water/Skratch Labs mix, etc.
- \_\_\_ Swimming suit and floatation device for slip N slide
- \_\_\_ Costumes!
- \_\_\_ Ziplock bag/Dry Bag with extra change of clothes (in case of rain)
- \_\_\_ **BRING A REUSABLE CUP, BOWL AND UTENSIL. Do NOT bring anything disposable. DO NOT bring paper plates, napkins, disposable cups, utensils, etc. Live the sustainability agenda.**

Come prepared. Arrive with a strategy. Plan to eat a lot of food and drink a lot of water/energy drink to fuel you along the way - it will be your key to success. Rely upon yourself for energy drinks, water, food, and anything else you might need during the event. Meals will be provided Thurs Night, Sat night, and Sunday morning only. Don't bring your dog. They are not allowed on the ranch.